

MOSTAFA BOBAKAR AL-AIDROUS

+966 538 207 404

mustafaaladarous88@gmail.com

Saudi Arabia

SUMMARY

Adaptable professional with a background in Clinical Psychology and extensive hands-on experience in communication, problem-solving, and client relationship management. Skilled in understanding human behavior, resolving conflicts, and delivering excellent customer experiences. Proven ability to work collaboratively within multidisciplinary teams, manage sensitive information with confidentiality, and adapt psychological insights to business and administrative environments.

WORK EXPERIENCE

Clinical Psychology Intern – Eradah and Mental Health Complex-Eradah Services *Jeddah | Feb 2025 – Jul 2025*
Extended Care Unit & Security Ward | Feb 2025 – Jul 2025

- Built strong client relationships by actively listening and understanding needs.
- Led group programs, enhancing communication, motivation, and engagement skills.
- Collaborated with teams to solve challenges and improve outcomes, showcasing problem-solving and teamwork.
- Delivered educational and motivational sessions, strengthening influence and persuasion skills.
- Managed follow-ups and documentation, demonstrating organization, reliability, and attention to detail.

Clinical Psychology Intern - Mental Health Hospital *Jeddah | Nov 2024 – Jan2025*

- Conducted client assessments and interviews, enhancing analytical and interpersonal skills.
- Monitored client progress through follow-ups, showcasing attention to detail and client care.
- Administered standardized assessments, strengthening problem-solving and personalized support.
- Participated in multidisciplinary committees, demonstrating teamwork and effective communication.
- Applied behavioral insights to understand client needs, transferable to customer experience roles.

Clinical Psychology Intern - King Abdulaziz University Hospital *Jeddah | Sep 2024 – Nov 2024*
Neuropsychology & Oncology Units

- Conducted detailed client assessments, improving analytical, observational, and interpersonal skills.
- Provided daily support to patients and families, building empathy, trust, and client relationships.
- Participated in patient rounds and tailored interventions, enhancing communication and solution-focused skills.
- Applied behavioral insights to deliver personalized guidance, transferable to customer service and client engagement.

Clinical Psychology Intern - Abdul Latif Jameel Rehabilitation Hospital *Jeddah | Jul 2024 – Sep 2024*

- Conducted daily follow-ups, enhancing relationship building and client monitoring.
- Participated in group sessions, strengthening communication, teamwork, and motivational skills.
- Delivered therapy sessions for children, improving empathy and personalized support.
- Trained in standardized assessments, showcasing analytical skills and accuracy.

Training at King Abdulaziz University Hospital (Clinical Psychology Unit)

Jeddah | Feb 2024 – May 2024

- Conducted Cognitive Behavioral Therapy (CBT) sessions with patients.
- Administered psychological assessments and diagnostic tools.
- Prepared detailed clinical reports and progress notes.
- Developed individualized treatment plans based on patient needs and assessment results.

Training at King Abdullah Medical Complex, Jeddah

Jeddah | Sep 2023 – Jan 2024

- Conducted psychological assessments, enhancing analytical and client evaluation skills.
- Provided individual therapy sessions, strengthening communication, empathy, and personalized client support.
- Monitored progress and prepared reports, showcasing organization, accountability, and attention to detail.

EDUCATION

Bachelor of Science in Clinical Psychology

King Abdulaziz University, College of Applied Medical Sciences GPA: 4.52 out of 5 | Grade: Excellent with Second Class of Honors | 2024

Certifications:

- **Wechsler Adult Intelligence Scale (WAIS-IV)** – Training and Certification . Eradah and Mental Health Complex
- **Applied Behavior Analysis Technician (ABAT)** – 40-Hour Training, approved by QABA, completed via Early Step Platform
- **Licensed in Basic Life Support (BLS)** – Saudi Heart Association (Valid: Jan 2024 – Jan 2026)
- **Mental Health in the Workplace** - Saudi Center for Health Training – Alfaisal University Aug 2025
- **Future Anxiety Among High School Students-** Invest Ur Time Platform – Dec 2024

Achievements

- Led multiple therapeutic group programs improving motivation and engagement.
- Delivered motivational and educational sessions to diverse client populations.
- Participated in multidisciplinary team meetings to coordinate care and solve challenges.
- Conducted comprehensive psychological assessments and case studies for diverse patient groups.
- Applied insights from therapy and assessments to enhance client engagement and personalized support, transferable to customer experience and sales roles.

Skills:

- Client relationship management & engagement
- Communication, active listening, and persuasion
- Crisis intervention and support
- Group facilitation and motivational leadership

- Confidentiality and ethical practice
- Organization, documentation, and progress tracking
- Team collaboration & coordination
- Problem-solving and analytical thinking

Language :

Arabic , English